Return to Play Protocol

Goal: baseline imPACT test for grades 7, 9, 11

School Nurse is notified of the concussion by the athletic trainer (AT) or parent/guardian

No School for 24 hrs

Half Day with accommodations

Full Day with accommodations

Initiate Return to learn protocol. The team creates the list of student specific accommodations and notifies teachers.

Symptoms at school

See School Nurse

Assess student: return to class, send home, to physician

Review the plan every 10 school days. Create a 504 if long term

No Symptoms

Notify the trainer

Appointment scheduled with physician to clear student.

When cleared by MD exertion test by the AT done at the school

Return to play if the student passes

Work with trainer until passes exertion test